

Bone Protection for People with Metastatic Breast Cancer in the Bone

Bone complications, also known as skeletal related events (SREs), may occur in breast cancer patients living with bone metastases. They can lead to fractures (broken bones), surgery, radiation therapy or even spinal cord compression.

The questions below may help you talk openly with your doctor about possible bone complications or SREs and how to prevent them.

Q: What is my risk of having a bone complication? What can I do to prevent this from happening?

A:

Q: Do any of the drugs I take affect my bones?

A:

Q: Are there bone-strengthening drugs that may help protect me from a fracture?

A:

Q: What's your experience with these bone-strengthening drugs?

A:

Q: What is the difference between these bone-strengthening drugs?
Which do you recommend for me? Why this one?

A:

Q: How are these bone-strengthening drugs given?

A:

Q: What side effects should I report to you? How can these side effects be managed?

A:

Q: What else can I do to strengthen my bones besides taking another drug (i.e. exercise, vitamin D, calcium, diet)?

A:

Q: What tests or exams should I have before starting a bone-strengthening drug?

A:



For more information on breast health or breast cancer, please call our breast care helpline (1-877-465-6636) or visit our website. Susan G. Komen does not provide medical advice.

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