

ONLINE EDUCATIONAL RESOURCES



[About Breast Cancer \(ABC\)](#) - This section of komen.org is the central focus of our online educational resources. It has the latest information to help people better understand breast cancer risk factors, screening, diagnosis, treatment, metastatic breast cancer, survivorship and more. Information is presented through the breast cancer continuum of care, including breast anatomy, risk factors, screening and diagnostic tests, treatment options, survivorship topics, complementary and integrative therapies and support. The ABC content was co-developed by Harvard Medical School faculty and Dana-Farber Cancer Institute staff.

Komen Resources Specific to Men

- [Breast cancer in men](#) - This page gives an overview of breast cancer in men. Review statistics learn about warning signs, risk factors and types of breast cancer that occur in men.
- [Breast Cancer Screening for Men at Higher Risk](#) - This page gives an overview for those at higher risk, what the recommendations are and possible genetic mutations.
- [Treatment for breast cancer in men](#) - Get information on how to treat breast cancer. Learn about prognosis and survival in men with breast cancer.

General Online Resources

- [Breast Cancer Risk Factors Table](#) - This table lists factors that are linked (or in some cases, not linked) to breast cancer. It also lists many factors that are still under study. Factors are grouped on the strength of the scientific evidence. You can click on a risk factor to read more about it and see citations for publications that inform the text.
- [Breast Cancer 101 \(Interactive Tool\)](#) - This interactive tool provides an audiovisual experience that enables the user to learn about the development of breast cancer, risk factors, detection, diagnosis, treatment option and much more. This tool provides information for users who would rather listen than read and is available in English and Spanish.
- [Family Health History Tool](#) - This tool helps people gather and record their family health history. It organizes health information which can be downloaded and shared with other family members or health care providers.
- [Financial Assistance](#) - the costs related to breast cancer treatment can quickly become a financial burden. Don't be afraid to ask for help with these costs. This section provides some way to find financial assistance.

Blogs

- [Warning Signs of Male Breast Cancer](#)
- [Men Can Get Breast Cancer Too!](#)
- [This Fathers' Day, We Remember the Men We've Lost to Breast Cancer](#)
- [Men Get Breast Cancer, Too](#)

DOWNLOADABLE EDUCATIONAL MATERIALS

Komen uses a disciplined process consistent with public health models for the development of educational materials. Each material is written in plain language that is designed to “speak” to the intended audience. Educational materials can be downloaded as free PDFs from our Komen Educational Materials page. The topics are categorized by the breast cancer continuum of care, as well as, by our Breast Self-Awareness Messages, specific populations, Facts for Life, and Questions to Ask Your Doctor.

Examples of downloadable resources include:

- [Men Can Get Breast Cancer Too](#) - This brochure is available in English and Spanish.
- [Facts for Life fact sheets](#) - These fact sheets cover a variety of topics such as: the breast and breast cancer, risk factors, diagnosis and staging, treatment, survivorship, integrative and complementary therapy and support. These fact sheets are offered in both English and Spanish.
- [Questions to Ask the Doctor About Breast Cancer](#) - This is a series of questions to ask a doctor on 16 topics related to breast cancer. The questions can prompt discussion with a doctor on topics such as: if you find a lump in your breast, breast density, breast biopsy and chemotherapy and side effects. Space is provided for notes. These questions are available in English and Spanish.

BREAST CARE HELPLINE 1-877 GO KOMEN (1-877-465-6636)

The caring and compassionate Komen breast care helpline staff provide information about breast cancer, psychosocial support and information about resources for financial assistance and other needed services. In addition, the helpline provides access to Komen information and resources. You can call or email the helpline at helpline@komen.org. Calls and emails are answered Monday through Friday from 9:00 a.m. to 10:00 p.m. ET in both English and Spanish.

BREAST CARE HELPLINE 1-877 GO KOMEN (1-877-465-6636)

A team of specially trained oncology specialists and social workers offer information and education about clinical trials to help callers gain a better understanding of clinical trials and empower them with the information and resources. This can help callers make educated decisions, regarding clinical trial participation. You can call or email the helpline at helpline@komen.org. Calls and emails are answered Monday through Friday from 9:00 a.m. to 10:00 p.m. ET in both English and Spanish.

TREATMENT ASSISTANCE PROGRAM (TAP)

Susan G. Komen [Treatment Assistance Program \(TAP\)](#) program provides information, psychosocial support and limited financial assistance to low-income, underinsured or uninsured women or men in the U.S. undergoing breast cancer treatment. Calls and emails are answered Monday through Friday from 9:00 a.m. to 10 p.m. ET in both English and Spanish.

MEN'S SUPPORT GROUP

The Komen Breast Care Helpline 1-877 GO KOMEN (1-877-465-6636) offers a free telephone support group for men with breast cancer. The helpline provides a safe place for men to discuss the challenges of breast cancer, get information and exchange support. To learn more and register for the next group, call the Komen Breast Care Helpline or email helpline@komen.org.